

Complete Player
Development 2010-2013

GIROUX GROUP



SUMMER
HOCKEY CAMPS

MONDAY

7:45 AM **SIGN-IN**



8:00 AM **Fitquest**



CHANGE

9:30 AM **ON-ICE**



CHANGE

11:15 AM **Ball Hockey**



12:00 PM **LUNCH**



12:45 PM **ALL SPORT**



CHANGE

2:00 PM **ON-ICE**



CHANGE

3:45 PM **CLASSROOM**



4:15 PM **SIGN-OUT**



Complete Player
Development 2010-2013

GIROUX GROUP



SUMMER
HOCKEY CAMPS

TUESDAY

7:45 AM **SIGN-IN**



8:00 AM **ALL SPORT**



CHANGE

9:30 AM **ON-ICE**



CHANGE

11:15 AM **LUNCH**



12:00 PM **Fitquest**



1:00 PM **Ball Hockey**



CHANGE

2:00 PM **ON-ICE**



CHANGE

3:45 PM **CLASSROOM**



4:15 PM **SIGN-OUT**



Complete Player
Development 2010-2013

GIROUX GROUP



SUMMER
HOCKEY CAMPS

WEDNESDAY

7:45 AM **SIGN-IN**



8:00 AM **Fitquest**



CHANGE

9:30 AM **ON-ICE**



CHANGE

11:15 AM **Ball Hockey**



12:00 PM **LUNCH**



12:45 PM **ALL SPORT**



CHANGE

2:00 PM **ON-ICE**



CHANGE

3:45 PM **CLASSROOM**



4:15 PM **SIGN-OUT**



Complete Player
Development 2010-2013

GIROUX GROUP



SUMMER
HOCKEY CAMPS

THURSDAY

7:45 AM **SIGN-IN**



8:00 AM **ALL SPORT**



CHANGE

9:30 AM **ON-ICE**



CHANGE

11:15 AM **LUNCH**



12:00 PM **Fitquest**



1:00 PM **Ball Hockey**



CHANGE

2:00 PM **ON-ICE**



CHANGE

3:45 PM **CLASSROOM**



4:15 PM **SIGN-OUT**



Complete Player
Development 2010-2013

GIROUX GROUP



SUMMER
HOCKEY CAMPS

FRIDAY

7:45 AM **SIGN-IN**



8:00 AM **Fitquest**



CHANGE

9:30 AM **ON-ICE**



CHANGE

11:15 AM **Ball Hockey**



12:00 PM **LUNCH**



12:45 PM **ALL SPORT**



CHANGE

2:00 PM **ON-ICE**



CHANGE

3:45 PM **CLASSROOM**



4:15 PM **SIGN-OUT**



Bell
Sensplex