INDOOR FIELD RULES

- **NO** spitting, **NO** food.
- **ONLY** water permitted inside the field.
- NO outdoor cleats, ONLY indoor turf shoes (please see graphic below for reference).
- NO type of adhesiveness (ie tape) should be put on the field, as it will damage it.
- Garbage cans are available at many areas inside the facility. Please use them.
- Groups are **NOT** permitted to enter the field until their start time.
- Groups on the field **MUST** vacate by the end of the 25th or 55th minute of the hour according to the booking without exception.
- **NO** changing in the field, **MUST** use the change room.
- NO hanging on the soccer nets.
- Tie permitter netting back up before the end of rental.
- Spectators must remain in dedicated area.
- It is the responsibility of the spectators to be aware of play on the field and to take care of their own safety and that of any one in their care.
- All players have the right to participate in an environment that is free from discrimination and/or harassment. Language or activities that defeat this objective will not be tolerated.
- Unsportsmanlike behaviour will not per permitted. All persons will be required to leave if they cannot control themselves or anyone in their party.



