

# COVID-19 RETURN TO PLAY PROTOCOLS

## - SENSPLEX -

*Please direct all participants/coaches/trainers, etc. to the Sensplex COVID-19 webpage ([click here](#)). This webpage indicates what amenities are available or not available, outlines the expectations of all patrons (coaches, players & parents), and highlights protocols and procedures. Here are a few important points from our COVID-19 webpage, that we want to highlight as we continue to put our guests and staff health & safety first:*

- 1) **All** coaches and players will be required to fill out an online screening questionnaire ([click here](#)) the day of the rental before they enter the building. It **CAN'T** be done the day before. This includes groups that have their own screening questionnaire as well. **Nobody** is excluded.
  - a. Do you currently have any COVID-10 related symptoms? (fever, chills, cough, difficulty breathing, sore throat, runny nose, loss of taste/smell, diarrhea, nausea, vomiting, abdominal pain, or nasal congestion).
  - b. In the last 14 days, have you had a close physical contact with a person who was confirmed or probable case of COVID-19?
  - c. In the last 14 days, have you traveled outside of Canada or have been in close physical contact with a person who has returned from travel outside of Canada?
  - d. In the last 14 days, have you attended an event or gathering (including sports tournament) other than those which are permitted under Ontario's current re-opening phase? If yes, you must refrain from participating in any activity at a Sensplex facility until 14 days have passed symptom-free.
  
- 2) **NO** team play, games/shinny/pickup, including 3on3, 4on4 or 5on5, are permitted on the ice. Only Skills & Drills.
  - a. Participants/coaches **must** always be physically distanced on the ice.
  - b. Any drill having players/coaches being **less** than 6ft (2 meters) apart **must** stop immediately.
  
- 3) Spectators are **not** permitted in the facility, but every participant under the age of 18 can be accompanied by one (1) parent/guardian (1 participant : 1 parent/guardian).
  - a. That parent/guardian **must** be the one listed in the filled out online screening questionnaire.
  - b. If a participant does not require help getting their skates tied/untied, then parent(s)/guardian(s) are expected to not enter the facility until just before the ice time and leave right after the ice time is completed.
  - c. The parent(s)/guardian(s) **must** go directly to the spectator area and ensure they are physically distanced from the other parent(s)/guardian(s) (NO HUDDLING).
  
- 4) **CAPACITY** – No more than 10 players/coaches associated with each rental are permitted on the ice.
  - a. **One (1)** certified trainer for each rental is permitted to be on the bench with a mask on.
  - b. It is the responsibility of the **CONTRACT HOLDER** to ensure the total number of participants/coaches, certified trainer AND parent/guardians **never** exceeds 20.
  
- 5) **Everyone (players, goalies & coaches) must arrive & leave dressed (minus skates, helmet & gloves).**
  - a. Goalies may carry their pads & chest protector in their bag.
  - b. Participants/Coaches **must** neatly store their bag next to their chair.
  
- 6) Dressing rooms are closed, but there will be 10 chairs in the hallway allocated for each rental.

- a. One (1) changeroom will be open for washroom use only per rental.
- 7) Participants/Team Officials **must** remain on their chairs, until the ice is ready. **Nobody** is to be on the bench during the flood.
- a. One (1) changeroom will be open for washroom use only per rental.
- 8) **No** admittance to the facility until 20min before the scheduled ice time.
- a. If their group has rented back to back hours, coaches will need to change chairs they are using to the ones associated with the rooms their participants are in.
- 9) Groups **must** vacate the facility within 10min of getting off the ice.
- 10) Organizers must keep **a record of their roster** for each date and time in case Ottawa Public Health requires that info for tracing a COVID threat.
- 11) A mask **must** always be worn by participant/coaches/spectators when they are entering/exiting their activity.
- a. Players/Team Officials may remove their mask just before their ice time when they put their helmets on. Please note that this rule **does not supersede** groups that require their coaches to wear masks on the ice.
- 12) Ensure the participants are spacing themselves out on the ice, especially when in the corners waiting for the next drill, etc.
- 13) If you have **anything** to give to your players, please do so outside the building.
- 14) **Make sure** participants/coaches are physically distancing (6ft/2 meters) themselves on the ice, especially when in the corners waiting for the next drill, etc.
- 15) **The Sensplex Return to Play protocols** must always be followed. Failure to comply will result in immediate removal from the facility, non-refundable ice cancellation and review of future bookings.
- 16) All individuals **must** comply with call current OPH recommendations and directives related to COVID-19. Please visit [ottawapublichealth.ca](https://ottawapublichealth.ca) to learn more.

*If you have any questions, regarding the Sensplex protocols, please don't hesitate to contact us at (613) 599-0229 or [rentals@sensplex.ca](mailto:rentals@sensplex.ca).*

Sincerely,

Sensplex Management

