



COVID-19 – Re-opening Documentation

Athletics & Hockey

Athletics Staff/Coach (ice and field sports) Protocols

Before

1. Any athletics staff displaying any COVID-19 symptoms (as outlined by public health at the time), or those who have returned from travel to another region (where the activity is not permitted)/province/country within the last 14 days, may not enter a Sensplex facility
 - Athletics staff will be screened upon entry (self-assessment or by another facility staff member)
 - Any staff member who has been diagnosed with COVID-19 will require a doctor's note prior to being permitted inside a Sensplex facility.
2. There will be a single dedicated entrance and separate exit for everyone (consult pre-activity information provided by your supervisor)
3. Athletics staff must assist with the enforcement of all participant & spectator protocols
4. Every athletics staff is asked to sanitize their hands prior to entering the facility.
5. Every athletics staff must wear a mask upon entry to the Sensplex, and continue to wear this mask until they are about to enter the playing surface.
6. Athletics staff must arrive fully dressed for their activity/ies, other than:
 - a. Skates/Gloves/Helmet as required
7. Sanitized benches or a staff dressing room will be provided for athletics staff to prepare for session
 - Athletics staff must sit at a designated spot (marked on the bench) to ensure physical distancing
 - Athletics staff can leave their bags & outdoor shoes under the bench / in the dressing room
8. Athletics staff must adhere to physical distancing requirements at all times (maintaining a 6 foot or 2-meter distance between themselves and another person).
9. At the beginning of each session time prior to participants being permitted on the playing surface athletics staff must mark required physical distancing (a minimum 6 foot or 2-meter distance between each mark).
 - Session Lead will advise staff in advance (placement of markings etc.)
10. Staff are not permitted to share gear with others unless they are from the same household (e.g. another staff members forgets a glove, jersey, etc.)
11. Staff must adhere to any additional safety guidelines issued by their sport-specific governing body, or club/association.

During

1. A maximum number of participants (including coaches) will be enforced at all times.
 - a. Ice & Field: A maximum of 10 persons is permitted on the playing surface at any one time which will allow for physical distancing (this number will be expanded per public health guidance when possible)



2. Physical distancing must be adhered to at all times during activity.
 - a. All activities must be designed to ensure physical distancing (ensuring a 6 foot or 2-meter distance between each participant throughout).
 - b. For all sessions, the athletics staff need to ensure and guide participants to stage themselves before and between each repetition (using ice-markings, cones, etc.)
 - c. Athletics staff need to enforce the following: There is a zero tolerance policy for violation of physical distancing requirements. Any participant who fails to adhere to physical distancing requirements will be required to immediately leave their activity (no refunds for programs).
3. Program staff / coaches / session leads may be required to wear masks during activity and MUST at all times when physical distancing is not possible.
4. Athletics staff will ensure that participant water bottles are clearly labelled with names and left in the spot indicated by program staff.
5. On-ice staff will ensure that full equipment is worn at all times (including player gloves).
6. On-ice staff must wear full equipment at all times other than when disinfecting equipment
 - ➔ Plastic gloves and disinfectant to be provided by facility for equipment disinfection
7. Athletics staff need to ensure that participants are not touching equipment other than that which is permitted by activity staff.
 - ➔ Where required, pucks, cones, and other gear should be moved using sticks or a gloved hand.
 - ➔ On-ice staff need to move pucks, cones and gear with a sticks or a gloved hand
8. Equipment which is intentionally in contact with a participant during training (e.g. bungee waist bands), must be sanitized prior to being used by another participant.
9. During all activities, athletics staff are to ensure physical distancing (maintaining a 6 foot or 2-meter distance between themselves and another person).
 - ➔ Staff members must stagger participant repetitions to further enhance physical distancing
10. Staff members will send participants for their water breaks to ensure physical distancing.
11. If a participant needs help with equipment or needs to leave the playing surface, athletics staff member is to guide them to exit the playing surface to see their parent/guardian.
12. First aid: In case of a first aid situation, all staff members are to mask themselves and use gloves when they are within 6 feet of participants. Facility operations staff must be notified of any incident requiring first-aid.

After

1. Session Leads will indicate session end times to all participants. At the end of each session:
 - a. Participants must STOP and maintain their distance from all others



- b. Athletics staff members will direct when and where participants are to exit the playing surface and must return to collect outdoor footwear and change (remove skates and helmet).
2. Athletics staff will sanitize equipment used between sessions and before returning equipment to the storage area
 - Equipment will be disinfected at a specific area
3. Athletics staff members need to disinfect / wash their hands with soap between each ice session.
4. At the end of their shift, athletics staff are to collect their belongings from the bench/dressing room and exit the building. They may not stay in the facility to observe additional activities or converse with other facility patrons or staff.
 - Athletics staff must sanitize their spot on the bench / in the dressing room prior to departure at the end of their shift
5. It is highly recommended that staff will wash outer gear (tracksuit, gloves, etc) using hot water and soap following each use. It is also highly recommended that sticks/bats, helmets, and any other personal items which have been used, be sanitized using a method appropriate for the items.