

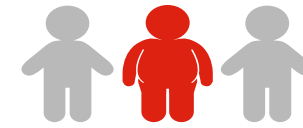


Hockey For Heart In Memory of Bill Kitchen Team Building Experience

The facts are bleak: Canadians are at risk

Heart disease and stroke are **leading causes** of **death** and **hospitalization**







1.6M people are living with **heart disease** and the effects of **stroke**



1 in 3 children is now **overweight** or **obese**.

Heart disease and **stroke** cost the Canadian economy **\$20.9+ billion/year**.

The good news is that **80% of premature heart disease and stroke can be prevented** through healthy lifestyle behaviors. That's why we strive each and every day to support Canadians in achieving healthy lives free of heart disease and stroke. Our passion unites us, drives us, and sustains us in our work.

OUR VISION	Life. Uninterrupted by heart disease and stroke.		
OUR MISSION	 Promote Health	 Save Lives	 Enhance Recovery
OUR PROGRESS	 \$1.52B invested in life-saving research since 1952	 75% decline in heart disease and stroke death rate	 800 researchers currently funded by Heart & Stroke

In Memory of Bill Kitchen

Born in Newmarket, Ontario, in 1960, Bill was drafted by the Ottawa 67's in the first round of the OHL draft and began his junior career in 1977-78, playing for the legendary Hall of Fame coach Brian Kilrea. An assistant captain with the 67's, Bill was a pillar of strength on defense and was selected to play for Team Canada at the 1980 World Junior Hockey Championship, held in Helsinki, Finland.

Following a successful junior career, Bill followed his brother Mike's footsteps to the NHL, signing with the Montreal Canadiens as a free agent in 1980. In 1984 Bill signed with the Toronto Maple Leafs as a free agent before retiring in 1996.

Settling in Ottawa to raise his young family, not only did Bill experience many successes in hockey, he was also a well-respected entrepreneur and philanthropist. As a Tim Hortons franchisee, Bill was a strong supporter of the Tim Hortons Children's Foundation and the Ottawa-area Timbits Hockey Jamboree (now known as the Bill Kitchen Timbits Hockey Jamboree). Moreover, Bill was an active member of the Ottawa Senators Alumni, taking part in countless charitable activities benefiting our community. In everything he did, Bill showed us all that, indeed, it's not about the years in your life, but the life in your years.

Bill Kitchen passed away far too young, at the age of 51, in July 2012. He is survived by his loving wife Lesley, son Nick and daughters Emilie, Mackenzie and Rylee.



Bill Kitchen with wife Leslie Holmes
Senators Alumni – Ottawa 67's Alumni

"It's not about the years in your life, but the life in your years."



April 25th & 26th

Bell Sensplex

1565 Maple Grove Rd.
Ottawa, Ontario

What is it about?

Heart & Stroke's Hockey for Heart Weekend is a once-in-a-lifetime opportunity that gives 20+ teams a chance to play hockey alongside NHL alumni in support of heart disease and stroke research.

Hosted in **Ottawa**, Hockey for Heart promises an unforgettable line-up and event for participants, partners and the community.

Hockeyforheartottawa.com



**EARLY BIRD
REGISTRATION**

Register before December 31st 2019 ONLY

\$950.00

As of 1st January 2020 Team fees increase to **\$1,100.00**

RESERVE NOW YOUR TEAM : (613) 691-3295 HockeyforHeartOttawa@gmail.com

- Over \$480,000 raised in previous tournaments (2013 – 2019)
- Pro-Stars game involving Senators' Alumni and the top ten fundraisers
- Ceremonial puck drop by the Bill Kitchen Family
- 20 Corporate teams (over 300 players) participating & networking
- High quality "Hockey for Heart" event program distributed (over 500 copies)
- Top 20 fundraisers spin the prize wheel for exciting prizes
- Dressing room sponsors: VIP style with great giveaways from each sponsor in the dressing rooms
- Exclusive Silent Auction table (over \$5,000 in fabulous items)
- Exclusive 'Player Packs' provided to each player
- Teams are encouraged to raise \$1,000 in support of Heart & Stroke

Proceeds in support of



Website coming soon!

www.HockeyforHeartOttawa.com

**SPONSORSHIP
OPPORTUNITIES**

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